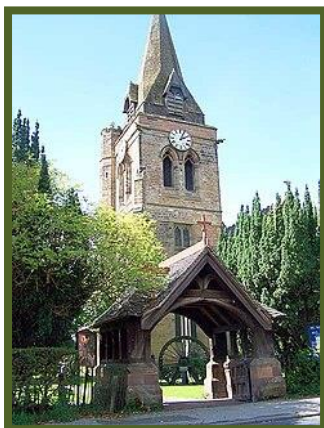


Walking Week

Sunday 1st – Saturday 7th October 2023

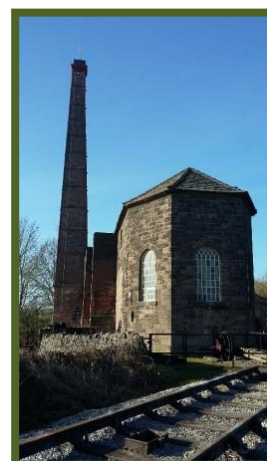
Please ensure that you book your place

Wirksworth u3a		Monday 2 nd October
10.00am	Wirksworth Market Place GR: 287539	
Circular walk via Middleton Moor and Cromford Moor		
7miles	On street parking	
Coffee & lunch stops	Max no:	
Contact: Cathy	email: cathyswinbank@btinternet.com	



Ripley u3a		Monday 2 nd October
10.00am	Hole-in-the-Wall pub Postcode: NG16 5GQ	
A moderately hilly circular walk, partly off road. Several ascents and descents, some quite steep		
6 miles	Car park at the pub <i>*It would be appreciated if those attending could visit the pub at the end of the walk</i>	
Coffee & lunch stops		Max no: 10
Contact: Sue	email: suebradshaw64@yahoo.co.uk	

Chesterfield u3a		Tuesday 3 rd October
9.50am for 10.00am	Middleton Top SK274551 Postcode DE4 4LS	
Middleton Top car park for Hopton Quarry and High Peak Trail, which is an easy walk. If you would like to join us, you will be made very welcome.		
6 miles	Pay and Display car park	
Coffee & lunch stops	Max no: 15	
Contact: Joyce Hart	01246 567667 or 0792 654 7112	





Buxton & District u3a		Wednesday 4th October
09.15am for 09.30am to arrange car sharing	Poole's Cavern Green Road Postcode: SK17 9DH	
Goyt Valley From Bunster Cob heading towards the reservoir and Wildmoor Stone Brook. Following tracks and paths over a packhorse bridge and back down the side of the reservoir towards Errwood Hall car park. Continuing over the reservoir dam and back to Bunster car park.		
6 miles	Pay and Display car park	
Coffee & lunch stops	Max no:	
Contact: Janet	Emails: janet_stockton@hotmail.com	



Matlock Area u3a		Thursday 5th October
10.00am	Charles Cotton Hotel, Hartington GRSK126603	
An easy to moderate walk. Short walk on road uphill, then across fields to Dale End and Biggin Dale onto Wolfscote Dale and continue along Beresford Dale into Hartington. There is a long section of uneven, rocky limestone paths, slippery when wet therefore sticks advised. Otherwise even grassy or gravel paths. No dogs please, due to sheep and cattle in fields.		
6.5 miles	On street car parking	
Coffee & lunch stops	Max no: 25	
Contact: Pam	e-mail: pamelakjohns@gmail.com	

Belper u3a		Friday 6th October
10.15am	St Alkmund's Church, Duffield GR: SK349428 Postcode: DE56 4BA	
East side of River Derwent, up Duffield Bank towards Little Eaton. Then northwards over fields towards Holbrook. Down to Makeney and finally along Makeney Road back to car park. Mainly field paths, some road walking. About 200ft ascent. Several easy stiles.		
6 - 6.5 miles	Free car parking	
Coffee & lunch stops	Max no: 25	
Contact: June	e-mail: junemlindsay@gmail.com	

